



Welcome to the UCF SHS Psychiatry Clinic, a specialty clinic located on the second floor in the Orange Pod of the UCF Student Health Center. We are pleased to offer you our services and be your healthcare partner. A referral from either a UCF Primary Care Provider or Counseling Center is required prior to your first appointment with us. If you have to cancel or reschedule an appointment, please call the UCF SHS appointment clerk at 407-823-3703 at least 24 hours before your scheduled appointment. Otherwise, you will be charged \$30.00 for each missed appointment.

The psychiatry clinic is fortunate to have 5 highly experienced board-certified psychiatrists on staff. Each psychiatrist has a different area of expertise and is here on a rotating basis throughout the week. There are many students in need of our services and the schedule is often booked 4-6 weeks in advance. Therefore it is very important that you make it to your scheduled appointments. Your first appointment with the psychiatrist will be one hour in length, and, thereafter, will usually last about 30 minutes. Your doctor will determine the appropriate timeframe for your follow-up appointments.

Your treatment plan will be developed by you and your psychiatrist working together. Please bring your questions and concerns to their attention. Your success depends on communication and compliance with your treatment plan. Compliance includes keeping your scheduled appointments and if prescribed, taking your medications as directed. If your psychiatrist determines that medication is appropriate to treat your condition, s/he will provide enough medication to last until your next scheduled appointment.

Many medications have significant discontinuation symptoms when not taken consistently as directed. If you do not keep your appointment, you will likely run out of medication. If it becomes necessary for you to cancel an appointment due to an urgent situation, please call **407-823-3703** as soon as possible to reschedule. If there is not an appointment available in the psychiatry clinic, you may need to see one of the UCF SHS primary care providers for evaluation and medication refill. Refills for medications are not routinely provided without an evaluation by your psychiatrist. Once your psychiatrist feels your condition is stable s/he may recommend your continuing care be provided by a primary care provider.

If you have questions or not feeling well please call the psychiatry nurse at **407-823-2757** to assist you or schedule an urgent care appointment. If you have an emergency please call 911.

The UCF Counseling Center provides crisis intervention services 8AM -5PM Monday through Friday and is located adjacent to the Health Center. You can either walk-in or schedule an appointment at **407-823-2811**. If you (or a friend) are experiencing distress and need someone to talk with in the middle of the night or on the weekend, please call the Counseling Center's main number **407-823-2811**, press #5 and you will be immediately connected to a licensed therapist. A 24-hour crisis hotline service is also available to students, **407-425-2624**. The hotline counselor staff can help you manage a crisis situation. Other psychiatric resources include:

- National Hope Line Network 1-800Suicide/ **1-800-784-2433**
- Lakeside Alternatives (a public psychiatric hospital) **407-875-3700**
- UCF Victim Services **407 823-2425**, or after hours **407-823-5555**

If you prefer a psychiatrist outside of the UCF Health Center please call the UCF SHS referral office **407-823-2532** for assistance in locating providers in the community.